



Organic Avocado Products

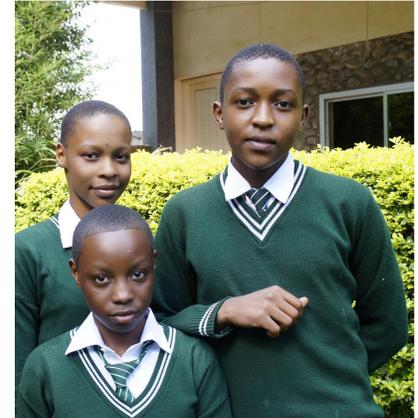
3. Arusha Day

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Introduction:

AVOCADO OIL is the collection of oil that has been extracted from the flesh of the avocado fruit. Avocado oil is very aromatic and has multiple uses in domestic and cosmetic activities. However as the avocado is a relative expensive piece of fruit ,purchasing a avocado oil can cost a significant amount .if you have a number of left over avocado even if they've gone bad you can use them to extract your own avocado oil.

The avocado oil is the type of oil which is used as a hair food as well as skin .The texture of avocado oil is light due to which it soaks easily into the skin as well as the scalp. Hence it is popular both as a hair oil as well as skin it can be used for treating dryness of the skin also can be used to treat hair problems like hair fall ,thinning of hair, dandruff, it is a good source of vitamin d .



Materials: Mortar & pestle, muslin cloth, pressing machine, oven and containers

Methods: Remove the skin and separate the skin, flesh and stone. Grind the flesh into a paste. Dry the product by placing on a black surface to remove as much water as possible. Next press through a muslin cloth to obtain the pure oil and store in a container.

•Avocado residuals are also used as a source of fuel where by the residual obtained after squeezing the dried materials are burnt in an open place and the release a large quantity of heat and it can be used as a fire source the are firstly rounded into balls before heating so as to burn in a combination form.

Avocado oil in making a shoe polish

In an attempt of heating the will be a result of obtaining carbon the carbon obtained is made useful by making a shoe polish the shoe polish is made when we take a few sample of oil heat it together with a very little candle wax while heating you mix with the carbon you have obtained there after you can leave the mixture to settle and you would have obtained your pure shoe polish made from organic materials.

Avocado oil can also be used to apply on fresh wound because we have realized that the oil have high penetrating power hence they can enter through the poles of the skin and modify the wounded place as fast as possi9ble and make the wound free of pain



Material	Name	Use
LABORATORY METHODS	Motor and Pestle	For grinding the residual
	Muslin Cloth	For Squeezing the residual obtained after draining
	Machine	Alternatively used for squeezing the residual
	Avocado Oil	We made a survey on few people on the use of the oil. We tried to find some few people who recently used modern lotions and never had success. And we tried advice to use the Avocado oil after some days their faces appeared bright free of pimples and their hair appeared strong and healthy.
	Avocado Shoe polish	We tried on giving attempt of use in our own school shoes and appeared shinny.

Further information:

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