



# Assessing the Effects of Drug Abuse and How to Reduce It

92. Ifakara

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## Introduction:

The project on the "EFFECTS OF DRUG ABUSE TO HUMAN BEING AND HOW TO REDUCE IT" the sample of one hundred (100) people were used to accomplish this work. The sample was divided into three groups of adults, youths and children.

## AIM:

To investigate the effects of drug abuse to human being in the society and how to reduce it.

To investigate the awareness of people after education on the effects of illegal use of drugs in the society.

## Method:

Questionnaires were distributed to all the three groups as well as interview method were employed to bring up the results. The investigation was carried in to three consecutive phases of phase A, Phase B and Phase C.

100 people who were used as a sample in all three months (February, March and April, 60 of them were youths, 30 adults and 10 children.

60 youths were given questionnaires to fill in. They were also interviewed on the same topic. The results found was 35% of them were not using any drug and the rest 65% of them were the drug users of different kinds including marijuana and alcohol.

30 adults who were interviewed 60% were found to be free from drug abuse while 40% were the drug addicts especially alcohol.

10 children who were also interviewed, 20% of them were found to use alcohol because was found easily near their home places, and the remaining 80% were not involved in any drug abuse.



## Results:

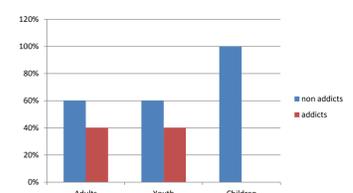
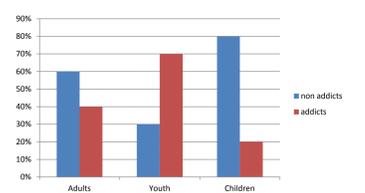
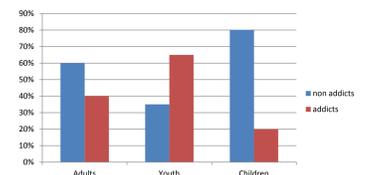
All the three groups were given the knowledge on the effects of drug abuse, they were also encouraged to engage in various economic activities like agriculture and business, also participate in sports and games so as to avoid idleness. This is because drug abuse is caused by too much freedom, lack of parental to child communication and education about drug abuse.

### PHASE B

Two among the 10 children who were found to be addicted in taking alcohol in the phase A, were found to change their habit by reducing the frequency of using alcohol. The youth were observed to increase in number because most of them were jobless. The youth numbers of addicts' increases despite the education given to them because were jobless. The percentage increased from 65% to 70%. The adults did not change their habit as alcohol was a part of their refreshment.

### PHASE C

The number of youth addicted dropped to 40% from 70% of phase B, after being insisted the big impacts of drug abuse. Most of them started to join various economic activities like agriculture, small business and animal keeping at small scale. Others were observed to engage on sports and games. The children changed their behaviors completely but adults retained their habit because most of them were found to opt not to stop using alcohol.



## Conclusions

As it has been observed from the study of the drug abuse to human being in the society, when the people were well educated about the complication of illegal use of drugs and alcohol taking most of them changed their behaviors completely, though the adults remain conservatives to use alcohol. So the community development officers should establish national campaign to eradicate the illegal use of drugs and alcohol taking and combat the cultivation of some plants like marijuana. Since most of people who engaged in drug abuse are economically, socially, physically and mentally ill. Youth should engage in various economic activities like animal keeping and agriculture.

## References

Biology, *A Functional Approach* MBV Roberts  
[www.drugabuse.gov/.../drug facts/...](http://www.drugabuse.gov/.../drug facts/)

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